

Better Health Network (BHN) is a not-for-profit organisation providing a wide range of integrated health, disability and social support services to deliver better health and wellbeing for our community.

BHN was formed by the voluntary amalgamation of Central Bayside Community Health Services (CBCHS), Connect Health & Community and Star Health.

- 20+ sites across Melbourne's inner south & south-eastern suburbs.
- A workforce of over 1,000 highly-skilled staff & volunteers.



Ph: 132 246

Our low-cost fees vary depending on the type of services you receive and, in some cases, your level of income.

As a not-for-profit organisation partly funded by government, we provide free and lower-cost services for Healthcare and Pension Card holders. All services are free for Aboriginal and Torres Strait Islander people.

Our experienced workforce meets professional registration requirements and provides services at our centres, in the community, at your home, online and via telehealth.

For more information on eligibility and fees for our services, please contact us.

Our Locations:

We offer services from sites including:

Bentleigh, Bentleigh East, Chelsea, Cheltenham, Clarinda, Clayton, Edithvale, Mentone, Parkdale, Prahran, South Melbourne and St Kilda.

Phone: 132 246 (132 BHN)

Email: info@bhn.org.au

Web: www.bhn.org.au



**Health and wellbeing
for all people
and communities**



www.bhn.org.au

Our Services

- **Aged Care Services**
- **Alcohol & Other Drug Services**
- **Allied Health Services**
Physiotherapy, Exercise Physiology, Podiatry, Occupational Therapy, Dietetics, Endocrinology, Hand Therapy & Speech Therapy
- **Carer Support**
- **Case Management Services**
- **Child, Youth & Family Services**
- **Chronic Condition Management**
Diabetes Education, Smoking Cessation
- **Community Health Nursing & Midwifery**
- **Community Transport**
- **Community Visitors Scheme**
- **Counselling**
- **Dental**
- **Dementia Support**
- **Disability NDIS Services**
Day Support Programs, Support Coordination and Allied Health Services
- **Exercise Groups**
- **Family Violence Services**
- **Gambler's Help Southern**
- **General Practice Doctors**
GPs and specialists
- **Harm Reduction Services**
- **Health Promotion Programs**
- **Home Care Packages**
- **Homelessness & Housing Support Services**
- **Hydrotherapy**
- **Indigenous Access Services**
- **Mental Health Services** including services for carers and families
- **Post-Acute Care**
- **Paediatric Allied Health**
- **Sandringham Ambulatory Care Centre (SACC)** providing emergency diversion pathways for ambulatory patients at Alfred Health – Sandringham & Prahran, Peninsula Health – Frankston, a GP Respiratory Centre and the COVID Positive Pathways program across south-east Melbourne
- **Sex Worker Education & Support Services (RHED)**
- **Social Support Groups**
- **Volunteering opportunities**

BHN acknowledges:

- Aboriginal and Torres Strait Islander people as the first peoples and Traditional Owners and custodians of the land and waterways on which we live and we acknowledge that sovereignty was never ceded. We honour and pay our respects to Elders past and present.
- The funding support of the Victorian and Commonwealth Governments.

We are proud to be one of the first agencies in Australia to achieve the rainbow tick through Star Health and will work to expand our accreditation across the organisation.